



Minimal Sedation Pre-Sedation Patient Instructions

For the safe treatment of the patient, the following pre-sedation instructions must be followed very carefully.

Food and Beverages

- You may have a light snack and drink fluids before your appointment
- Do not drink any alcohol prior to treatment

Medications

- Please take your usual medications

Clothing

- Wear loose casual clothing for your appointment (e.g., short sleeve t-shirt)

Smoking

- Refrain from smoking prior to treatment

Transportation

- A responsible adult with a vested interest in your safety must accompany you home in a car or taxi
- A taxi driver does not count as your escort

Change in health status

- If your general health deteriorates (e.g., cold, cough, fever) contact the dental office prior to the day of the appointment. If in doubt, please phone the office to report the change in your health status.